

Cheng Hsin 2019 Holland Camp

# Transcending Self Workshop

July 5-11 | 2019  
in De Glind (NL)

with  
Peter Ralston



## Transcending Self - A New Workshop

This new workshop goes deeply into the existential origins of the elements necessary to produce what you experience as the world in which you live - your experience of you, others, and life as you live it. In this workshop you will stretch far beyond anything humans have confronted or collectively understood heretofore.

You'll probe deeply into the genesis of pretty much everything that makes up your experience of your reality, and be-

come conscious of how it all came to pass. From scratch you'll be invited to personally grasp for yourself the very creation of self and other, language and mind, society and the formulation of your separate and private inner world. You'll also learn to recognize the overwhelming and overlooked consequences this series of inventions and conclusions produces.



## Exploring The Origins of Your Experience of Self and Life

Peter Ralston's uniquely lucid communications about the nature of human consciousness expands in this workshop through deep contemplations on the unseen elements that create our world. In its way it is more difficult than most workshops, because it requires even more active participation in dialogues to grasp the presented assertions, taking us straight to the heart of the origins of our experience.

In a progression of illuminating assertions, Ralston shows us how human consciousness generates both self and reality from nothing, and imbues them with the quality of objective truth. From the time we first distinguish between self and not-self as infants, we begin making a sequence of existential assumptions that result in the illusion that a self is some ethereal "object" within.

This universally accepted assumption persists despite the failure of exhaustive investigations to locate this inner self. Ignorance regarding these dynamics is responsible for much unnecessary suffering, but through grasping the assertions presented in the TRANSCENDING SELF WORKSHOP you are empowered to personally and experientially grasp what is rarely even glimpsed: a profound consciousness of the genesis of human experience.

It's difficult to explain how deep and powerful this work really is. If you've grasped this already, nothing needs to be said. If you don't have a clue, it can take some real courage to come to such a workshop for the first time. Most people who do the ontology workshops have worked with Ralston in another context. From this they just get a sense of the possibilities available, and, without actually knowing the



details, they sign up to see what this work can do for them. Some people simply take the leap and decide to participate in such work without really knowing what it's all about. If you are in the second category, it might help you to know that no one has ever expressed regret in taking on this work. Virtually everyone who participates communicates that they are grateful for having done so.

No previous experience is necessary, but the Experiencing the Nature of Being Workshop is highly recommended. Count on being over your head from time to time. This is fine. You will get all that you could possibly get otherwise, simply more will occur at a deeper level than you will be able to absorb at the time (it may make sense later on).



*The Greeks saw the entire nobility of their existence in the ability to question. Their ability to question was their standard for distinguishing themselves from those who did not have it and did not want it. They called them barbarians.*

Martin Heidegger



### **About Peter Ralston**

Peter has been pursuing this work with passionate determination for more than 40 years. During periods of intense contemplation, he has had many enlightenment experiences which have profoundly influenced his study.

To demonstrate the effectiveness and opening power of a direct experience of Being, in 1978 he entered the World Championship full contact martial arts tournament held in China. He was the first non-Asian ever to win the tournament.

Peter has trained staff and done workshops for many organizations, such as Lifesprings, Institute of Self Actualization (ISA), Robbins Research Institute (NLP), Actualizations, Institute for Empowerment, and others. He is a highly trained and insightful facilitator.

## Cheng Hsin Holland Camp

This year the Cheng Hsin Holland Camp offers a program with first seven days in the *Art of Effortless Power* and two evenings of *Body Being & Tai Chi*. Followed by the six day *Transforming Self Workshop (TSW)*.



### Venue

The TSW workshop is held at the YMCA conference centre in De Glind a small village near Amersfoort. The accommodation offers one and two person bedrooms with running warm and cold water. Showers and toilets are on the corridors. Breakfast, lunch and dinner are served in the restaurant. The major conference hall will be our workspace for the week.

### Workshop Schedule

Check in time for the TSW is *Friday July 5 at 16.00*.

Check out time for the TSW is *Thursday July 11 at 18.00*.

The first evening starts with an intro at 18.00. Each next day our workshop starts at 9.00 and finishes around 21.30. Except for the final day when we finish around 18.00.

### Costs

#### Workshop costs:

- € 795 with € 195 deposit in by April 1
- € 895 with € 195 deposit in by May 1
- € 995 thereafter

#### Accommodation costs (lodging/meals):

Full lodging in one person bedroom:

- € 405 (six days)

Full lodging in two person bedroom

- € 345 (six days)

Meals only

- € 300 (six days)

### Registration and contact

In order to make your registration complete transfer the deposit before the required deadline and send in the registration form. Or send in the required information by email. ***The remaining payment for the workshop must be paid in cash on arrival.*** Accommodation costs need to be transferred in full by June 1st.

For questions on the Transcending Self Workshop contact Peter Ralston at [PRContact@aol.com](mailto:PRContact@aol.com).

For all questions on the Cheng Hsin Holland Camp and registration contact:

Epi van de Pol  
Sterrelaan 45  
1217 PR Hilversum  
the Netherlands  
Phone: +31 (0)35 6 28 99 47  
Email: [epi@taijiquan.nl](mailto:epi@taijiquan.nl)

Make you payments to:  
Bankaccount: E. van de Pol  
IBAN: NL37 RABO 0394483936  
BIC: RABO NL2U



For more information check:  
[www.ChengHsin.com](http://www.ChengHsin.com).